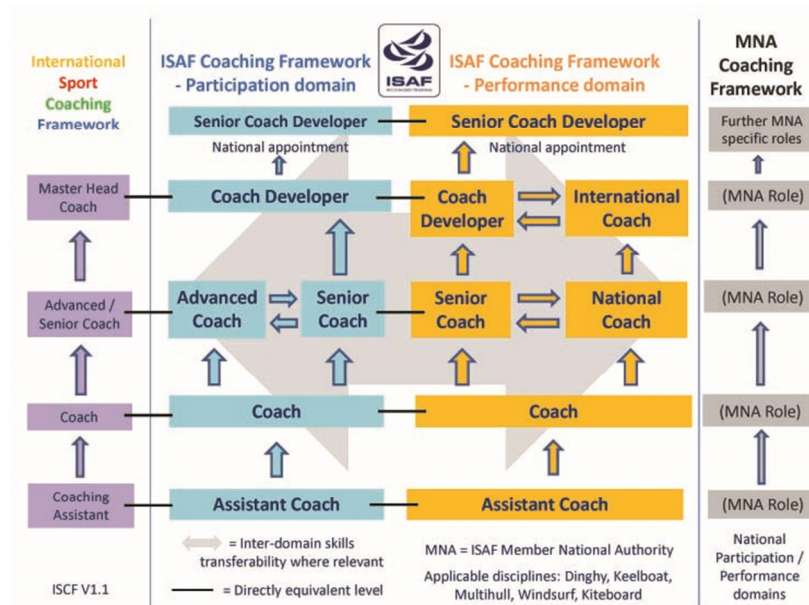




ISAF Coaching Framework

The ISAF Coaching Framework aims to provide all ISAF Member National Authorities (MNAs) a common ground for developing and evaluating coaching qualifications, encouraging coach education and training, working across international boundaries and establishing ethical guidelines and models for standards of international best practice.

Photo credit ©ISAF



For the benefit of clarity, the generic use of 'Coach', 'coaching' or 'coaches' in this document is aligned with language adopted by those involved in the creation of the International Sport Coaching Framework (see ISCF background section below).

ISAF recognize that National Federations (MNAs) may wish to apply

their own national terminology for the titles of the roles defined in the ISAF Coaching Framework (ie Instructor or Trainer). The focus with this framework is on the competencies of each role and not their title which can be amended to suit each member as they see fit for purpose.

'Coaching is a process of guided improvement and development within participants and athletes in a single sport, at identifiable stages'

Benefits of the ISAF Coaching Framework:

- National Sport Federations (ISAF MNAs) can map their own qualifications with an internationally recognized framework regarding learning outcomes at identifiable levels.
- National Sport Federations (ISAF MNAs) employing and deploying coaches can more effectively assess the competencies of coaches coming from other national sports federations or overseas nations in specific roles. This will assist in the endorsement of existing coaching qualifications and recognition of prior learning (RPL) as well as in the further training where gaps in competency are identified.
- Member National Authorities (MNAs) looking to develop new systems or qualifications can use the ISAF Coaching Framework to help determine standards of Sailing Coach qualifications for each 'level' and create the necessary content to fulfil the associated national requirements.
- Those National Federations (MNAs) who train and employ coaches can use the competencies defined in the ISAF Coaching Framework as an assessment and development tool for their coaches, leading to the identification of training needs.
- The ISAF Coaching Framework will help National Federations (MNAs) align the coaching workforce with the needs of national participants / athletes.

Background to the creation of the ISCF:

The International Sport Coaching Framework has been prepared in partnership by the International Council for Coaching Excellence (ICCE) and the Association of Summer Olympic International Federations (ASOIF), Leeds Metropolitan University (LMU) as well as the World Anti-doping Agency (WADA), IOC Entourage Commission (EC) and IOC Olympic Solidarity (OS) following a process of development and consultation that commenced in April 2011.

This initiative signals a new and collaborative effort to recognize and support the role of coaches at all levels of sport across the globe, providing the basis for initial implementation

and further worldwide development and consultation from those parties involved.



Photo credit © ISCF page 5

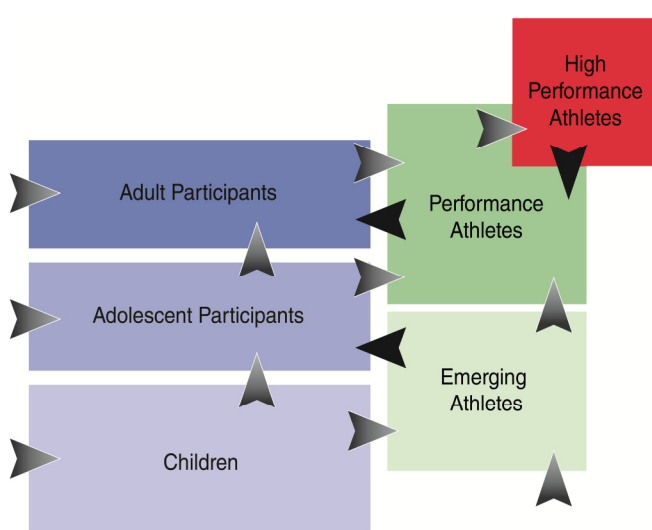
As an International Sport Federation ISAF has identified that with a growing appreciation of coaching and the

challenges that accompany the role of the coach, the sailing community and all of our key stakeholders now recognize the need for a common set of criteria to inform the development and subsequent certification / qualification of coaches within sailing at both national and international level.

The history of the ICCE and its work can be found by visiting their website www.icce.ws

Foundations of the ISAF Coaching Framework:

Coaches play a central role in guiding the development of both recreational sailors (participation) and sailors wishing to become athletes (performance) as part of any National



Sail Training Programme (NTP). The welfare of all sailors is the foremost concern to coaches in the design, implementation and evaluation of appropriate practices at National / international Level.

Photo credit ©ISCF page 15

While there are many common areas of coaching sailing, unique characteristics in national sail training programmes exist. The International Sailing

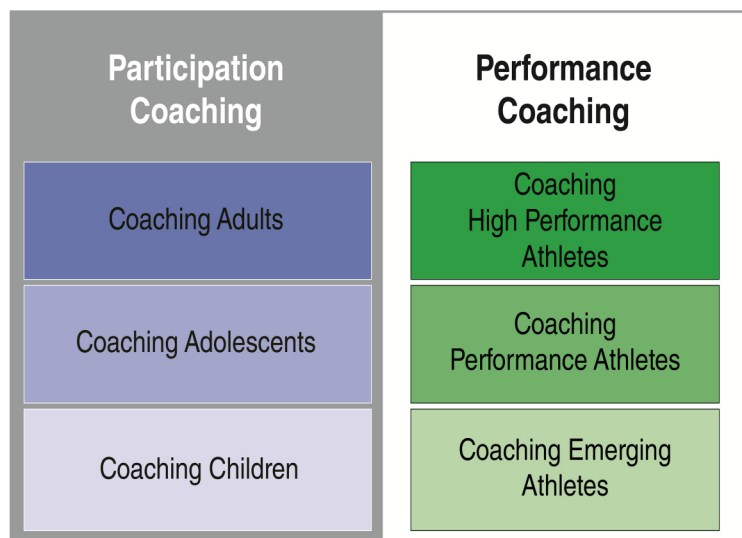
Federation understands that coaching and growing participation in the sport of sailing are best served when its principles and policies and those of its members work in harmony.

The ISAF Coaching Framework provides a reference point that will have global applications and wide reaching positive effects on the way that the sport of sailing is delivered.

The process of mapping all of the MNA sail training programmes that already exist as well as those seeking to align who have yet to develop frameworks similar to the guidelines within the ISAF Coaching Framework will, for the first time, provide the International Sailing Federation with a detailed overview of the way in which training of sailors in both 'Participation' and 'Performance' domains is delivered. The process of mapping MNA National Sail Training Programmes will vary greatly depending on the stage of development of the structures of the National Federations (MNAs).

Coaching Domains:

With growing appreciation of coaching and the challenges that accompany the role of the coach, the sport international community and its partners recognize the need for a common set of criteria to inform the development and subsequent certification / qualification of coaches. Based on research and evidence from the field, two primary types of sport activity have been identified:



- Participation Sport, where taking part and achieving self-referenced outcomes are the main priority. This can be defined in some cases as recreational participation.

- Performance Sport, where development of capabilities and skills referenced against standards evidenced in and out of competition is the main goal.

Photo credit ©ISCF page 18

Future of the ISAF Coaching Framework:

This version (V1.0) of the ISAF Coaching Framework is now released to all ISAF Member National Authorities in order to receive comments that will assist the International Sailing Federation in keeping the Framework updated and informed with as much international input as possible.

From the Global Coach Conference in September 2013 the International Sailing Federation will use the ISAF Coaching Framework as a basis for delivery standards in all Training and Development programmes run as part of the remit in assisting both Emerging and Developing Nations in the building and maintenance of National Sail Training Programmes.

ISAF will continue to encourage MNAs that do not yet have National Coach Certification / Qualification structures in place to develop these through the delivery of Technical Courses and Sport Specific Training Scholarships, that can be funded through applications to the IOC Olympic Solidarity department through National Olympic Committees (NOCs) and ISAF.

All comments on the ISAF Coaching Framework should be made to the Training and Development Department e: training@isaf.com

Further details of all programmes can be found on the ISAF website www.sailing.org/training and via social media Twitter: www.twitter.com/connect2sailing
Facebook: www.facebook.com/ISAFDevelopment

Copyright of all ISCF images in this introduction remains with the ICCE, ASOIF, Leeds Metropolitan University (LMU) and Human Kinetics.

ISAF does not permit this document to be reproduced by any party in any format without prior written permission of consent.

ISAF wishes to thank the staff at Leeds Metropolitan University (LMU) and ICCE, especially Dr Pat Duffy and Senior Research Fellow Sergio Lara-Bercial for their tireless support in the creation of the ISAF Coaching Framework guidelines.